

FVDublin

Date range: 2025-09-23 to 2026-03-16 · 10 residents

Sleep Metrics (2025-09-23 to 2026-03-16)

80% SLEEP EFFICIENCY (MEDIAN)	38 min SLEEP LATENCY (MEDIAN)	1.1 BED EXITS (MEDIAN)
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Resident Summary

RESIDENT	MEDIAN BED EXITS	MEDIAN SLEEP LATENCY	MEDIAN TST	MEDIAN TIB	MEDIAN BEDTIME	MISSING DAYS	DAYS W/ DATA / TOTAL	% MISSING
309 Sells	1.1	27 min	10.1 hrs	12.5 hrs	8:00 PM	117	58 / 175	66%
101 Ebey	1.0	33 min	11.1 hrs	12.8 hrs	8:30 PM	129	46 / 175	73%
203 Sells	0.8	22 min	5.1 hrs	7.9 hrs	12:00 AM	111	64 / 175	63%
304 Sells	1.1	38 min	7.2 hrs	8.9 hrs	10:30 PM	128	47 / 175	73%
202 Sells	1.6	38 min	9.3 hrs	11.0 hrs	9:00 PM	112	63 / 175	64%
308 Sells	1.7	13 min	8.8 hrs	9.2 hrs	10:30 PM	112	63 / 175	64%
105 Ebey	0.9	48 min	6.2 hrs	14.0 hrs	9:00 PM	118	57 / 175	67%
306 Sells	0.7	63 min	4.2 hrs	11.2 hrs	8:30 PM	114	61 / 175	65%
302 Sells	0.6	40 min	3.2 hrs	4.7 hrs	11:30 PM	142	33 / 175	81%
204 Sells	1.5	65 min	11.5 hrs	14.1 hrs	9:30 PM	117	58 / 175	66%